

## STAYING HOME Leaving Violence

We understand

### Do you want to stay at home and have the violence leave?

Domestic violence can have tragic psychological, social and economic impacts on families, children and the community as a whole. It occurs in all parts of society regardless of location, socio-economic status, age, cultural background or religious beliefs.

Domestic violence is an abuse of power by men or women, both in relationships and after separation. It occurs when one partner attempts physically or psychologically to dominate and control the other. Domestic violence takes a number of forms. The most common are physical and sexual violence, threats and intimidation, emotional and social abuse and economic deprivation.

**You don't have to live with violence.  
You have a right to feel safe.**

If you are experiencing domestic violence you may feel afraid, insecure, degraded, angry and unsure about what to do. You may even blame yourself and think it's your fault. You may feel paralysed by fear.

There is help available. This brochure outlines our Staying Home - Leaving Violence program.

### EMERGENCY CONTACTS

**POLICE OR AMBULANCE**  
000 or from a mobile 112

**DOMESTIC VIOLENCE LINE**  
1800 656 463

**NSW RAPE CRISIS LINE**  
1800 424 017

**FINANCIAL ASSISTANCE (CENTRELINK)**  
131 021

Your nearest Police Station or Local Court can be found in the front of the White Pages telephone book.



**For further information please contact  
Family Services Illawarra Inc.**

PO Box 464 Albion Park 2527  
Suites 3-8, L1, 151 Tongarra Rd Albion Park 2527

**Phone: 02 4256 7333**  
**Fax: 02 4256 7399**  
**email: [admin@fsi.org.au](mailto:admin@fsi.org.au)**  
**[www.fsi.com.au](http://www.fsi.com.au)**

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# connected

# CARING family

## Do you need help?

- Are you in a violent relationship?
- Would you like to stay in your home and have the violent offender leave?
- Will you be and feel safer if you do stay in your own home?
- Do you have children, and would they be better off remaining in their own home and at their current school or pre-school?
- Are you over 18 and live in the Wollongong Local Government Area?

If you answered YES to some of these questions, please contact Family Services Illawarra on 02 4256 7333 for more information and advice.

The Wollongong Staying Home - Leaving Violence Program is provided by Family Services Illawarra and funded by the NSW Department of Family and Community Services.

The program helps you to separate from a violent relationship and remain safely in your own home or a home of your choice. You can access this program whether you have children or not.

## We're here for you

Family Services Illawarra offers a range of specialist services and advice through our **Staying Home - Leaving Violence Program**, to give you and your children long-term support to address the impacts of domestic violence on your lives.

Some of the services provided under the program include:

- safety audits to improve the security of your home
- information on alternate accommodation and services for the excluded person
- information and support on Apprehended Domestic Violence Orders (ADVOs), family law matters and how to use Court Orders effectively to enhance your safety.

In many domestic violence cases, the courts will make an Apprehended Domestic Violence Order (ADVO) to protect you and your children from violence, harassment and intimidation. As part of the ADVO, an Exclusion Order can be sought to allow you to remain in your own home while removing (or excluding) the violent offender.

Staying Home - Leaving Violence can support you to navigate the legal system to apply for an Exclusion Condition in your ADVO, so you can live safely in your own home. It can also assist you to report any breaches of the ADVO to the Police and provide support through the Family Court process.

**You don't have to live with violence. You have a right to feel safe.**

# safe at home